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MONEY
FROM THE BOTTOM TO THE TOP HAS GOT TO
STOP

PREVIOUS MEETING ACTIONS

1. Installed a new browser?

2. Various search engines? What is your default now?

3. Have you got a new e-mail address?

4. Made alternative account to Google Docs, Sheets?

METANOIA: ACTION AREAS

A few simple actions, taken by millions of people, would change this trend:

1. **Join Political Parties and Local Associations**
2. Buy from Small and Medium Businesses / Avoid Big Corporate
3. **Ethical Banking and Investments**
4. **Use Alternative Technologies / Decentralise Systems and Information**
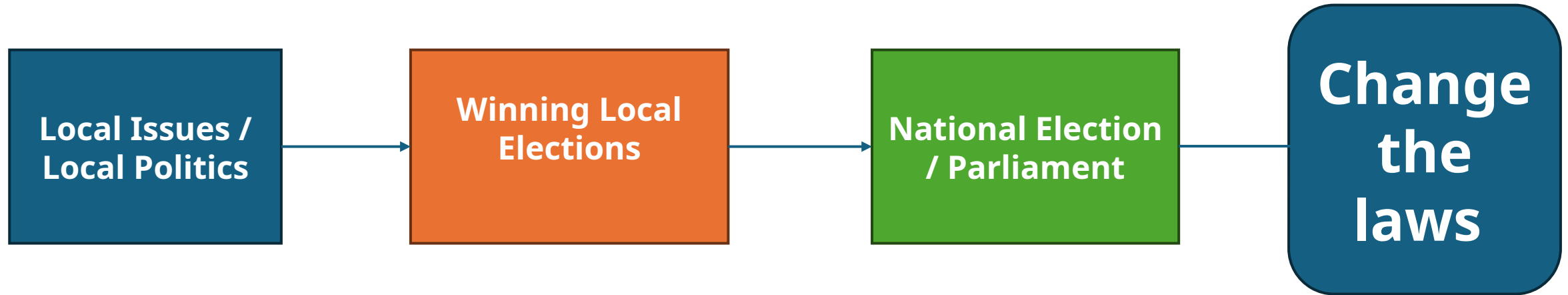5. Alternative media, independent journalists

TODAY PROGRAM

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1. How to Join a Political Party and what it entails (Politics)
2. Ethical Banking (Finance) and the importance of Cash
3. Alternative for Video Calls and Meetings (Tech)
4. Google Play Store Alternative: F-Droid and Aurora Store (Tech)
5. Messaging: Conversations.im
6. Next Steps

POLITICAL PARTIES

Participation to political parties used be very active in the 1950s and 1960s in Italy (and in many other parts of the world) and then it declined, declined, declined.

Politics was on purpose made not-sexy

POLITICAL PARTIES

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Politics (winning elections) is the only real solution to current crisis

| Local Issues / Local Politics | → | Winning Local Elections | → | National Election / Parliament | → | Change the laws |

Everything else is secondary

How to join a political party

1. **Go on a search engine: www.Ecosia.org**
2. **Explore political parties, manifestos, positions**
3. **Compromise**
4. **Go on websites and join**
   - **US: https://www.gp.org**
   - **UK: https://workerspartybritain.org/**
   - **Italy: https://europaverde.it/**
5. **Go to meetings, learn, compromise, study and ACT**
6. **What to expect?**

BUT THOSE PARTIES WILL NEVER WIN!

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ACTION TIME

Go online and find your party

ETHICAL BANKING AND INVESTMENTS

Traditional banks have historically provided substantial financial support to the fossil fuel and the military-industrial complex.

But there are ETHICAL BANKS that will follow different guidelines

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Case Study

Italy: Banca Etica

Does not:
• Invest in weapons
• Invest in wars
• Invest in fossil fuel

ACTION TIME

Put a reminder to Investigate ethical banking in your area + where to move your pension to?

ALTERNATIVES FOR VIDEO CALLS

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The problem of centralisation is also with video calls and any platform

Today we are using Google Meet, tomorrow we will use something else ☺

ALTERNATIVES FOR VIDEO CALLS

As with everything, there are alternatives to Google Meets. Some examples:

- **https://meet.jit.si/ (US, 8*8, Open Source)**

- https://www.zoho.com/meeting/free-online-meeting.html (India)

- https://www.larksuite.com (Singapore, needs download)

- https://trueconf.com (Russia)

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ACTION TIME

Let's try Jitsi
But also let's not stop there!

Google Play Store - Alternatives

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THE PROBLEM

Google Play

Android Phone usually comes with Google Play Store	→	Default Way to Update apps

- Always signed in
- Contacts and Data synchronised
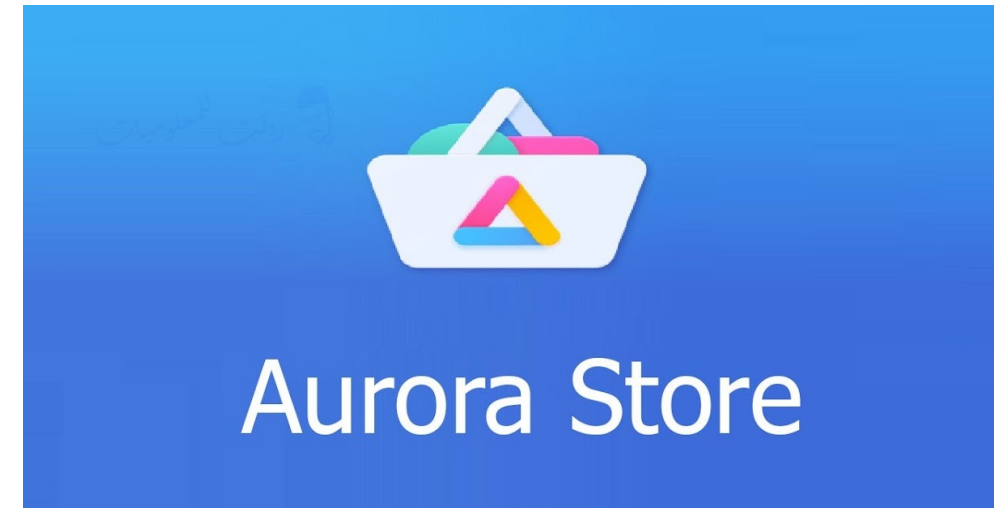- Always tracked
- Harder and harder to leave

F-Droid and Aurora Store

- **F-Droid** (f-droid.org) → Install Different Apps, Always Check Reviews and popularity

- **Aurora Store** (aurorastore.org) → Keeps the Android Apps on your phone updated without Play Store

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- **Back up your contacts on your device**
- **"De-couple you from Google"**
- **Move information and data on other services**
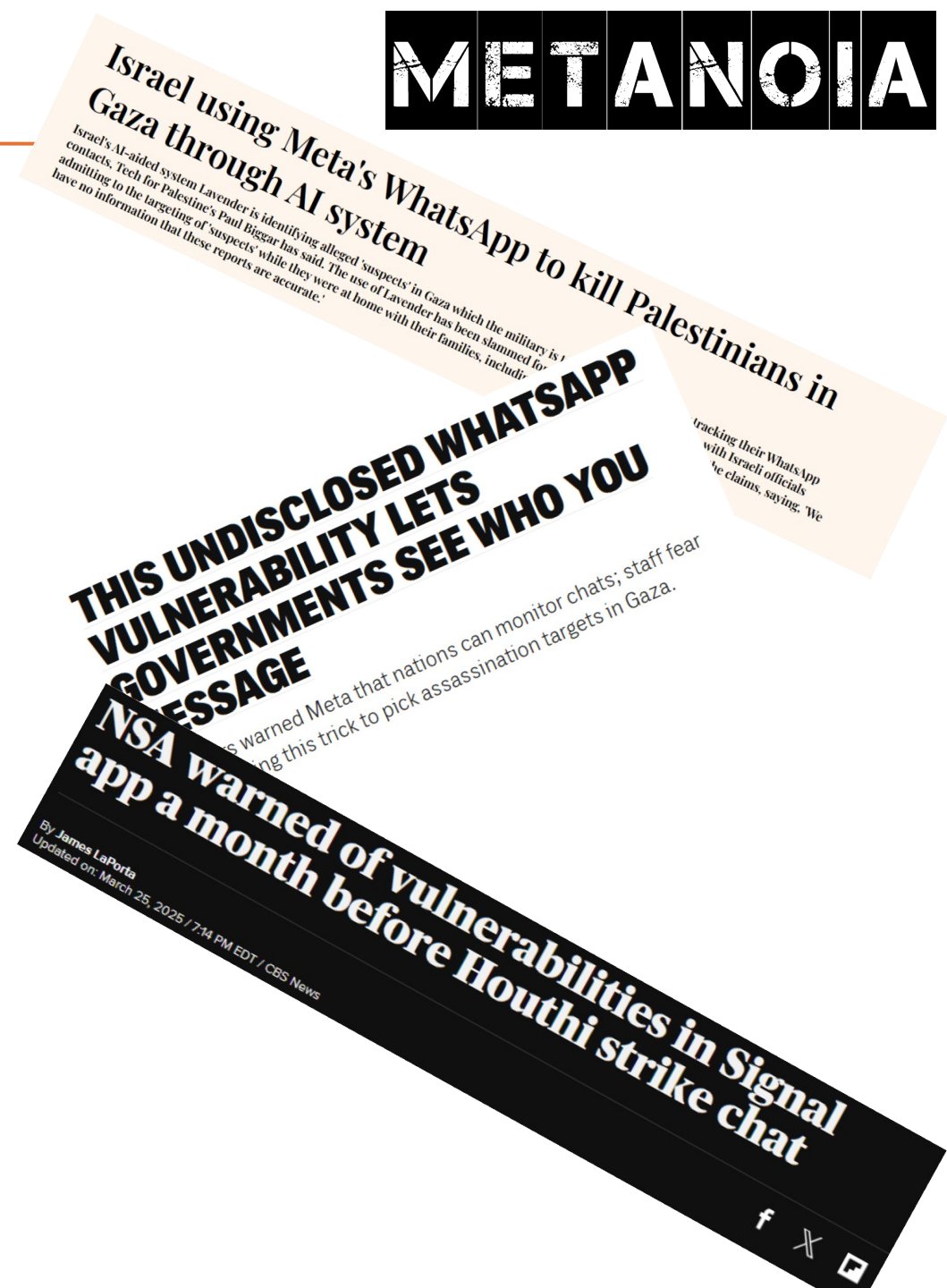
AND FINALLY, after a few days

- **Settings → Accounts/User Accounts → Google → Remove Account**

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ACTION TIME

Install F-Droid and Aurora
AltStore on iOS

WHATSAPP / TELEGRAM / SIGNAL

- Whatsapp → Owned by Meta, collects Meta Information, marketing, connections with Government

- Telegram → Used to be independent, inventor imprisoned for 1 month, now likely compromised

- Signal → US Based foundation, started by CIA, likely unreliable

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Israel using Meta's WhatsApp to kill Palestinians in Gaza through AI system

Israel's AI-aided system Lavender is identifying alleged 'suspects' in Gaza which the military is contacts, Tech for Palestine's Paul Biggar has said. The use of Lavender has been slammed for admitting to the targeting of 'suspects' while they were at home with their families, includ have no information that these reports are accurate.'

tracking their WhatsApp
with Israeli officials
he claims, saying, 'We

THIS UNDISCLOSED WHATSAPP VULNERABILITY LETS GOVERNMENTS SEE WHO YOU MESSAGE

warned Meta that nations can monitor chats; staff fear
ng this trick to pick assassination targets in Gaza.

NSA warned of vulnerabilities in Signal app a month before Houthi strike chat

By James LaPorta
Updated on: March 25, 2025 / 7:14 PM EDT / CBS News

WHAT IS THE SOLUTION?

1. Accept that there is no privacy online

2. Diversify, diversify, diversify

3. Convenience = Surveillance

4. Experiment with alternatives

This is an EXAMPLE

1. **Strong End-to-End Encryption: Advanced encryption protocols (OMEMO)**

2. **Open and DEcentralised XMPP Protocol: Use on different servers, make it decentralised**

3. **Open Source and Community-Driven Development**

4. **User-Friendly**

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ACTION TIME

Install Conversations.im (or any other decentralised messaging app) + help friends to move

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- Linux Ubuntu (Tech)

- Buy Local, No Big Corporate, Joys of Cash (Local and Small)

- Alternative media outlet (Information)

- Matrix Detox (Life)

- ExpertEase (Tech)

CONTACT DETAILS

For help and support: techsupport@metanoia.community